



FIRST AID AT WORK

This course is for First Aiders working in higher risk environments. The qualification allows a member of staff to be a First Aider within the workplace to fulfil the workplaces legal obligations. This course will give them the underpinning knowledge to be able to identify different life threatening conditions and also the skills to perform lifesaving treatment until further medical help arrives.

Course Content:

- Legislation
- Roles and responsibilities of the first aider
- Respiratory & Circulatory systems
- Managing unresponsive casualties
- Temperature Extremes
- Strokes & Heart attacks
- Epilepsy
- Diabetic Emergencies
- Burns & Choking
- Management of severe bleeding
- Application of Slings
- Spinal Injuries

- Using an AED
- Methods for minimising the risk of infection
- Accident reporting & Emergency action plans
- Primary & Secondary assessment
- Fainting
- Shock including Hypovolaemic and Anaphylactic
- Head injuries
- Allergic reactions & poisoning
- Cardio pulmonary resuscitation (CPR)
- Contents of a first aid kit
- Broken Bones & Soft Tissue injuries
- Asthma & Hyperventilation
- Chest Injuries *including Flail Chest and Penetrating Chest Injuries*

Duration: 18 hours

Training Pack:

For this course, each candidate will receive a training pack, which includes an A4 book, a bandage pack and various activities

Certification:

Upon successful completion, each candidate will receive a certificate of competency valid for 3 years.

Assessment:

Each candidate is assessed throughout the course, and through a practical assessment at the end of the course

Maximum group size:

12 candidates

Cost:

Please contact us for further details