HEALTH & SAFETY



This course is usually the minimum requirement in workplaces for employees to have. It provides a more in depth base of knowledge to risk assess and to adapt working practices to make the area more safe.

An ideal qualification for front line employees or volunteers in all organisations

Course Content:

- Good health & safety practice
- Accidents & Potential causes
- Legislation
- Hazards
- Personal protective equipment
- Actions on discovering a fire
- Electricity

Training Pack:

For this course, each candidate will receive a training pack, which includes an A5 book, and various activities

Certification:

On successful completion, each candidate will receive a certificate valid for 3 years.

Assessment:

To successfully pass the course, each candidate is required to pass a short multiple choice test at the end

Maximum group size:

Cost:

Up to 16 candidates

Please contact us for further details



e: info@mrsafetytraining.com w: www.mrsafetytraining.com

0113 2100 600 • 18 Pasture Ave, Sherburn in Elmet, Leeds LS25 6LG

Duration: 6 Hours

- The effects of poor pratices
- The accident triangle
- Employers / Employees responsibilities
- Risk assessments
- The Fire triangle & Fire extinguishers
- First aid requirements
- Manual handling